

Unleash your Fizz!

Tap into your unique creativity

If you think you're not creative – think again. We are all born creative we just have to brush off the cobwebs and relearn how to be our naturally creative selves.

In this highly interactive session we will look at 3 key questions:

- What is creativity?
- Why do we need it?
- How do we be more creative and innovative in our work?

Leave this session with a greater understanding of the creative process and creative people like Einstein and Jobs. Learn specific strategies you can use to enhance your own creativity.

Use your new found creativity in work and in life generally- become the 'ideas person', be more positive and add a little zest to your life.



The session is presented by Prith Biant author of 'Who says you're not creative?' and founder of The Creative Thinking Company.

Prith has been leading workshops in creativity and innovation for the past 8 years and has worked with a range of organisations including the social housing sector. She is also an artist and social entrepreneur.

'Creativity is the pre requisite to innovation and it's something we can all engage in. We just need to get over the mental blocks that limit our thinking and then open ourselves up to the world possibility.'

www.thecreativethinkingcompany.co.uk

